



CHARTERED  
SOCIETY  
OF  
PHYSIOTHERAPY

# Cornerstones of Practice

## Professional

The professional body defines the knowledge and skill relevant to the profession

Professional

## Legislative

The law sets boundaries for society

Legislative

## Workplace

Contracts, job descriptions, policies and procedures

Workplace

## Regulatory

Statutory regulators have powers to enforce the law

Regulatory



# Is xxxx within the scope of physiotherapy?



# Is Pilates / exercise class within the scope of the profession?

## Legal

No statutory restrictions on exercise provision.

## Regulatory

Physiotherapy does not hold monopoly on this but scope here will be dependent on the context in which the intervention is used.

To be in scope must adhere to HCPC standards.

## Professional

Exercise is a fundamental pillar of practice and so is within the scope of the profession.

YES

Within  
Scope

Consider

## Workplace

**What do you have in place in the workplace?**

**Consider:**

- Job description
- Employer PLI or individual additional insurance if you need to provide your own indemnity
- Local policies and procedures to address governance.

# I have completed a diploma in nutrition, can I offer my patients bespoke dietary advice?

## Legal

No statutory restrictions on provision.

## Regulatory

- Clinicians of one profession must be careful not to stray in to offering activities that fall within the protected title of another health care profession.
- Can give general dietary advice only as cannot take on the role of a dietician.

**Not in Scope**

## Professional

- Nutrition is not within the modern pillars of practice and so is not within the scope of the profession.
- However, healthy eating and self-management advice is advocated by national guidance for a number of conditions managed by physiotherapists.

**Not in Scope**

## Workplace

**If you choose to do?**

### Consider:

- What you will advertise your service as
- Employer PLI or individual additional insurance if you need to provide your own indemnity
- Local policies and procedures to address governance.

# Can I provide flu vaccination clinics?

## Legal

- Vaccination provision is regulated by Medicines legislation.
- Physiotherapists must act within a lawful medicines administration framework.

## Regulatory

Physiotherapists can train to undertake activities which are outside the scope the profession but as long as you are educated, trained and competent in these activities and meet all HCPC standards, there is no regulatory reason why you can't perform.

## Professional

Not within the 4 pillars of physiotherapy practice.

**Not in Scope**

**Employer may ask you to do this regardless**

## Workplace

**What do you have in place in the workplace?**

**Consider:**

- Job description
- Employer PLI or individual additional insurance as will not be covered by CSP PLI scheme
- Local policies and procedures to address governance.

# Can I carry out spinal or caudal injections as a physiotherapist?

## Legal

If you need to prescribe and/or supply and administer medicines you must work under an appropriate medicines framework.

## Regulatory

Physiotherapy does not hold monopoly on this but scope here will be dependent on the context in which the intervention is used.

To be in scope must adhere to HCPC standards.

## Professional

Injection therapy is within scope and training in this will give the knowledge and skills upon which to base further skill acquisition.

It is an advanced practice skill and comes under 4<sup>th</sup> pillar.

**BUT NOT COVERED BY CSP PLI SCHEME.**

## Workplace

**What do you have in place in the workplace?**

**Consider:**

- Job description
- Employer PLI or individual additional insurance if you need to provide your own indemnity
- Local policies and procedures to address governance.

PLI is needed to meet HCPC standards

**In Scope, BUT**

Must ensure workplace supports

# As an advanced practitioner in primary care I run clinics where I may be asked to see a child with a rash or an elderly gentleman with a UTI. Is this within scope?

## Legal

If you need to prescribe and/or supply medicines you must work under an appropriate medicines framework.

## Regulatory

Physiotherapists can train to undertake activities which are outside the scope the profession but as long as you are educated, trained and competent in these activities and meet all HCPC standards, there is no regulatory reason why you can't perform.

## Professional

Some advanced practice activities you are trained to do may not be physiotherapy. You are able to train in them because you are a physiotherapist but in this role you are trained to do tasks / assessments which do not fall within the 4 pillars and therefore not in the scope of the profession.

## Workplace

**What do you have in place in the workplace?**

### Consider:

- Job description
- Employer PLI or individual additional insurance if you need to provide your own indemnity
- Local policies and procedures to address governance.

PLI is needed to meet HCPC standards

Employer may ask you to do this regardless

**Not in Scope**





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